

Level 2: AT THE CARNIVAL



Ask yourself, "Am I Feeling Frightened?" When you figure out what your body is telling you, you can decide what to do next.



Practice for Level 2 at Camp Cope-A-Lot

This week at Camp Cope-A-Lot, we ~~are~~ ^{are} talking about different types of feelings. In the spaces provided here, write ways you can tell by looking at someone if they are Excited, Disappointed, Anxious, or Relaxed.



F = Feeling frightened?



Example:			
They're smiling			
Excited	Disappointed	Anxious	Relaxed