## Level 1: TO CAMP COPE-A-LOT



Sometime before the next Cope-A-Lot contest, take a moment to insert your response here.

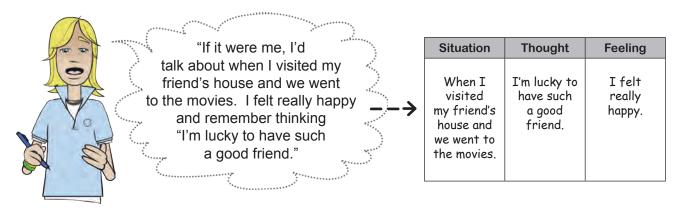
 $\geq$ 

When it's time for the contest, you can use your Go-To-Gadget to help you remember. That way you'll be sure to win GameTime!



## Prep for Level 2 at Camp Cope-A-Lot

Level 2 at Camp will be about thoughts and feelings. For this GTG activity, tell us about a time when you really enjoyed yourself. Tell us about the situation, what you were thinking at that time, and how you felt. Example: Here's Mike's example of when he felt good:



Below, write about the time you felt good.

Now put the situation, what you were thinking, and how you were feeling in the boxes below.

Situation	Thought	Feeling

6